Certified for Occupational Safety Specialist® (COSS)

Virtual COSS® courses are offered in real-time during live classes with expert COSS® Instructors. The week-long course features the same innovative and rigorous curriculum as our in-person COSS® training with digital coursework that includes daily compliance moments and proctored exams.

Students will participate in a live 6-hour online session via Zoom Video Conferencing Monday-Friday. Live sessions being at 8:00 am CST. After each session Monday through Thursday, students can work on their own time to complete daily exercises and readings. On the final day, students will participate in an additional 2-hour Zoom session to complete final graded activities including the final exam, final compliance moment and safety presentation. (Course typically ends around 4:30-5:00 pm CST.)

Not only will you learn how to read and understand the OSHA 1910 and 1926 Code of Federal Regulations and help your company avoid OSHA citations that cost millions of dollars, but more importantly, by learning how to work safely on a job site you can teach your employees and coworkers how to eliminate the risk of fatalities and near misses. Almost 85% of COSS® graduates responding to a survey indicated that since taking COSS®, their company's injury rate and/or OSHA recordables have decreased by as much as 25%, and others attest to as much as a 100% decrease! The class also addresses the psychology of safety, the true cost of an accident, hazard recognition, how to start a health and safety program, behavior-based safety, and much more.

The only prerequisite for the COSS program is a high school diploma or equivalent. Each class has a mix of non-experienced, first-time safety personnel as well as safety professionals who have been in the safety field for over 20 years. Regardless of the number of years of experience you have in safety, everyone leaves the COSS® Virtual class with a wealth of knowledge!

Investment: $2,299 Nonmembers **$1,799 Members**

Check OKSafety.org to see when the next COSS course is being held.

Certified for Occupational Safety Managers™ (COSM)

Certificate for Occupational Safety Managers™ (COSM) As safety professionals move along in their career path, they need training designed for a high-level safety manager. Therefore, the COSS administration has developed the Certificate for Occupational Safety Managers™ (COSM) program. All safety managers need to understand the abilities required to become great executive-level safety managers. This session, therefore, is a critical step in understanding how to progress to a higher level as a safety professional. For participants who are currently at an executive-level safety manager position, this session can assist in identifying competencies that need to be strengthened.

COSM® Topics Include:

- Essentials of Safety Management
- Strategic Planning & Evaluating for Safety Success
- Managing Risk & Safety Finance
- Communicating the Safety Message
- Injury Management, Incentives and Discipline

Pre-requisite: Students must have a minimum of 2 years of safety, health, and environmental work experience.

Investment: $2,599 Nonmembers **$1,999 Members**

Check OKSafety.org to see when the next COSM course is being held.

Phone: **405.848.8626** | Email: **info@oksafety.org** | Online: **www.OKSafety.org**

OSC 0426

Professional Safety Certificate Programs

Invest in your company. Invest in your career.

The Oklahoma Safety Council delivers occupational safety and health training to public and private sector workers, supervisors, and employers. Look inside this brochure to see how

Oklahoma Safety Council

CHAPTER OF THE NATIONAL SAFETY COUNCIL ::nsc

Advanced Safety Certificate®

The NSC Advanced Safety Certificate (ASC®) program helps you grow as a leader—not just a safety professional. This nationally recognized program goes beyond compliance to strengthen the soft skills that drive real safety culture change, including communication, influence, and leadership.

The ASC® Curriculum provides an in-depth look at the issues safety practitioners face every day and offers proven approaches and solutions. The core required course (POSH) provides a solid foundation of knowledge to meet all safety challenges, and the electives allow for a more in-depth review of specific safety topics. Through 12 training days and 7.8 CEUs, the ASC® program equips you to lead safer workplaces, and grow personally and professionally.

REQUIRED

- ☐ POSH (Principles of Occupational Safety & Health) - 2.6 CEUs

ELECTIVES (Complete 5.2 CEUs)

- ☐ ESMP 1 - 1.3 CEUs
- ☐ ESMP 2 - 1.3 CEUs
- ☐ Safety Training Methods - 2.6 CEUs
- ☐ Fundamentals of Industrial Hygiene - 2.6 CEUs
- ☐ Ergonomics: Managing for Results - 0.65 CEUs
- ☐ Job Safety Analysis - 0.65 CEUs
- ☐ Safety Inspections - 0.65 CEUs
- ☐ Incident Investigation - 0.65 CEUs
- ☐ Team Safety - 0.65 CEUs
- ☐ Risk Awareness Workshop - 0.65 CEUs
- ☐ Industrial Hygiene Basics - 0.65 CEUs

Benefits of completing your ASC:

- Learn techniques for a balanced approach to safety management, addressing administrative, technical and cultural elements
- Develop problem-solving and decision-making skills
- Develop management skills to establish yourself as a problem solver and decision maker
- Determine when, how and to whom you should delegate safety responsibilities
- Set safety performance measures for employees and your organization
- Get a head start on a management plan tailored to your organization's safety and health needs
- Assess your organization's safety training needs
- Design a custom safety training program for your organization, and deliver performance-based training

Visit OKSafety.org to sign up for an ASC course today.

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Safety for the Supervisor Certificate

The Safety for the Supervisor Certificate is designed for individuals stepping into their first leadership or supervisory role. While participants may not carry a formal safety title, they play a critical role in ensuring safe work practices are followed and safety programs are successful.

This course emphasizes essential leadership and management principles, helping supervisors understand their safety responsibilities and confidently lead their teams in maintaining a safe and compliant workplace.

Course Includes:

- Supervisor roles and responsibilities related to safety
- Building and sustaining a strong safety culture
- Injury reporting and basic incident investigation
- Effective coaching and communication skills
- Overview of key regulatory requirements, including:
- Hazard Communication (HAZCOM)
- Lockout/Tagout
- Emergency Action Plans
- Personal Protective Equipment (PPE)
- And other applicable safety standards

Ideal for:

- New supervisors
- Team leads
- Frontline leaders

Investment: $341 Nonmembers **$239 Members**

Register for all courses at:

OKSafety.org